

Tenderheart Daily Schedule

6:00- 6:30	Combined in Starlight's
6:30-7:45	Child's choice, Blocks
7:45-8:15	Breakfast
8:15-9:00	Small Motor, Science & Math, Books
9-9:30	Outside Time/ Sand or Water play(Large Motor Activities)
9:30-10:30	Music Movement, Dramatic Play, Art, Story Time
10:25-10:55	Lunch (check diapers, change before nap)
11:00-1	Naptime, Wake up, Songs and finger plays, Wash hands
1-1:30	1st Snack
1:30-2:30	Child's choice, Small Motor,Blocks
2:30-3	Outside Time/ Sand or Water play (Large Motor)
3:15-3:30	Transition to snack
3:30-4	2 nd Snack
4-5	Large motor, table choices
5-6	Books, Dramatic play

★ *This schedule may change based on the needs of the children*